

School Relationships

What to Expect

Child:

- Feels good about school
- Is accepted by classmates and teachers
- Is included in group activities
- Joins school clubs, teams, or other school activities
- Cooperates with school rules and routines
- Responds positively to guidance from teachers
- Seeks help when needed

Parents:

- Help child feel confident about school (visit classroom, meet teachers before school starts)
- Have expectations that match child's abilities
- Provide help or guidance with school tasks
- Encourage child's interests in school activities
- Become involved at school (field trips, PTA)
- Talk with child's teachers regularly
- Encourage child to invite classmates home to play

When to Seek Help

If your child:

- Is worried or fearful about school; refuses to go to school
- Often has headaches or stomach pains on school mornings
- Has problems with classmates, teachers, or school work
- Feels "different," rejected, or left out
- Acts out in class or on the playground
- Likes to "hang out" with classmates who get into trouble
- Gets "picked on" or bullied at school or play
- Refuses to follow school rules and routines
- Loses interest in school (grades, friends, activities)

Or if you, as parents:

- Observe that your child does not have friends or playmates at school
- Get calls or reports from teachers with concerns about your child's behavior
- Expect your child to achieve more than she seems able to do
- Notice a change in your child's school performance, such as a drop in grades



NAME _____ AGE _____

Your Questions and Concerns

The Emerging Self

Growing and Changing

Respecting Self & Others

Family

Building Friendships

School Relationships
