



BRIGHT FUTURES  TOOL FOR FAMILIES

Reading for Children, Grades 1–6

The following stories are fun to read and can also help children deal with specific issues.

<p>SELF</p> <p>Depression/Sadness</p> <p>Anger</p> <p>Impulsivity</p>	<p>Primary Grades (1–3)</p> <p><i>The Tub People</i> <i>The Ugly Duckling</i> <i>Leo the Late Bloomer</i></p> <p><i>Caps for Sale</i> <i>Ferdinand</i> <i>Frog and Toad (Lost Button)</i> <i>Goldilocks</i> <i>Amelia Bedelia</i></p> <p><i>Tigger</i> <i>Gingerbread Boy</i> <i>Charlie and the Chocolate Factory</i> <i>Sylvester and the Magic Pebble</i></p>	<p>Intermediate Grades (4–6)</p> <p><i>Call It Courage</i> <i>The Chalk Box Kid</i> <i>Dear Mr. Henshaw</i></p> <p><i>The War with Grandpa</i> <i>Castle in the Attic</i> <i>Demeter (Greek Mythology)</i> <i>Casey at the Bat</i> <i>Farmer Boy</i></p> <p><i>Island of the Blue Dolphin</i> <i>Castle in the Attic</i> <i>Johnny Tremain</i> <i>Farmer Boy</i></p>
<p>FAMILY: WHAT MATTERS AT HOME?</p> <p>Breaking Rules</p>	<p>Primary Grades (1–3)</p> <p><i>Goldilocks</i> <i>The Emperor’s New Clothes</i> <i>Peter Rabbit</i></p>	<p>Intermediate Grades (4–6)</p> <p><i>The Whipping Boy</i> <i>I Want to Go Home</i> <i>The Lion, the Witch, and the Wardrobe</i></p>
<p>FRIENDSHIPS</p>	<p>Primary Grades (1–3)</p> <p><i>Frog and Toad—Series</i> <i>If You Give a Mouse a Cookie</i> <i>If You Give a Moose a Muffin</i> <i>How My Parents Learned to Eat</i> <i>Amos and Boris</i> <i>Ira Sleeps Over</i> <i>Amelia Bedelia</i> <i>Winnie the Pooh</i></p>	<p>Intermediate Grades (4–6)</p> <p><i>Chalk Box Kid</i> <i>The War with Grandpa</i> <i>The Secret Garden</i> <i>Roll of Thunder, Hear My Cry</i> <i>Number the Stars</i> <i>My Side of the Mountain</i> <i>The Night of the Twisters</i> <i>Bunnicula</i></p>

(continued on next page)



Reading for Children, Grades 1–6 (continued)

<p>FRIENDSHIPS</p>	<p>Primary Grades (1–3) <i>Charlotte’s Web</i> <i>A Bargain for Frances</i> <i>The Ugly Duckling</i> <i>Amazing Grace</i> <i>Doorbell Rang</i> <i>Bunnica</i> <i>The Black Snowman</i> <i>The Velveteen Rabbit</i></p>	<p>Intermediate Grades (4–6) <i>Bronze Bow</i> <i>Sarah Plain and Tall</i> <i>A Wrinkle in Time</i> <i>100 Dresses</i> <i>G. W. Carver</i> <i>Sign of the Beaver</i> <i>Let the Circle Be Unbroken</i> <i>Charlotte’s Web</i></p>
<p>COMMUNITY</p> <p>Care of Animals</p>	<p>Primary Grades (1–3) <i>Black Beauty</i> <i>Horton Hatches an Egg</i></p>	<p>Intermediate Grades (4–6) <i>The Enormous Egg</i> <i>The Trouble with Tuck</i> <i>Where the Red Fern Grows</i> <i>Summer of the Monkeys</i></p>



Source: Adapted, with permission, from Buchanan B, Yarnevich A. 1997. *When Being a Good Parent or Teacher Is Not Enough: Vol. I*. Kansas City, MO: Health Education Consultants. Web site: www.aboutkidsmentalhealth.com.

www.brightfutures.org

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DEDICATED TO THE HEALTH OF ALL CHILDREN™

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